

June 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div style="border: 1px solid black; padding: 10px;"> <h3 style="margin: 0;"><i>Cape Summer Running Schedule</i></h3> <p style="margin: 0;"><i>*Times/dates may change- stay up to date on the Remind APP!*</i></p> </div>						1
2	3 Run on Your Own	4 730am @CJHS	5 Run on Your Own	6 5pm @ County South	7 Run on Your Own	8
9	10 Run on Your Own	11 730am @CJHS	12 Run on Your Own	13 5pm @ County South	14 Run on Your Own	15
16	17 Run on Your Own	18 730am @CJHS	19 Run on Your Own	20 5pm @ County South	21 Run on Your Own	22
23	24 Run on Your Own	25 730am @CJHS	26 Run on Your Own	27 5pm @ County South	28 Run on Your Own	29
30						

July 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 DEAD	2	3 ON YOUR	4 OWN ALL	5 WEEK	6
7	8 Run on Your Own	9 730am @CJHS	10 Run on Your Own	11 5pm @ KLAUS Park	12 Run on Your Own	13
14	15 Run on Your Own	16 730am @CJHS	17 Run on Your Own	18 5pm @ KLAUS Park	19 Run on Your Own	20
21 CAMP WEEK	22 730am @CJHS	23 730am @ CJHS	24 730am@ Capaha	25 730am @ KLAUS PARK	26 County North time TBD	27
28	29 Run on Your Own	30 730am @CJHS	31 Run on Your Own	1 - AUGUST	2 Run on Your Own	3
4	5 DEAD	6	7 ON YOUR	8 OWN ALL	9 WEEK	10