

Cape Central Softball Summer Schedule

JUNE

◀ May June 2017 July ▶						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	5 Weightlifting 9-10am Open field 6-7:30pm	6 Practice 9-10:30am Weightlifting 10:30-11:15am	7 Doubleheader TBA 6pm At Cape Central	8 Practice 9-10:30am Weightlifting 10:30-11:15am	9	10
11	12 Weightlifting 9-10am Open field 6-7:30pm	13 Practice 9-10:30am Weightlifting 10:30-11:15am	14 DH vs. Chaffee 6pm At Cape Central	15 Practice 9-10:30am Weightlifting 10:30-11:15am	16	17
18	19 Weightlifting 9-10am Open field 6-7:30pm	20 Practice 8-9:30am Weightlifting 9:30-10:15am	21 Practice 8:30 a.m. (Scrimmage)	22 Practice 8-9:30am Weightlifting 9:30-10:15am	23	24
25	26 Weightlifting 9-10am Open field 6-7:30pm	27 Practice 8-9:30am Weightlifting 9:30-10:15am	28 Practice 7:30 pm (Scrimmage)	29 Practice 8-9:30am Weightlifting 9:30-10:15am	30	Notes:

Cape Central Summer Softball Schedule

JULY

June		July 2017					August
Sun	Mon	Tue	Wed	Thu	Fri	Sat	
						1 Cape Central DEAD WEEK NO CONTACT NO FACILITY USE	
2 Cape Central DEAD WEEK NO CONTACT NO FACILITY USE	3 Cape Central DEAD WEEK NO CONTACT NO FACILITY USE	4 Cape Central DEAD WEEK NO CONTACT NO FACILITY USE	5 Cape Central DEAD WEEK NO CONTACT NO FACILITY USE	6 Cape Central DEAD WEEK NO CONTACT NO FACILITY USE	7 Cape Central DEAD WEEK NO CONTACT NO FACILITY USE	8 Cape Central DEAD WEEK NO CONTACT NO FACILITY USE	
9 Cape Central DEAD WEEK NO CONTACT NO FACILITY USE	10 Practice 8-9:30am Weightlifting 9:30- 10:15am	11 DH vs. Perryville 6pm At Cape Central	12 OFF	13 Practice 8-9:30am Weightlifting 9:30- 10:15am	14 Practice 8-10:00am	15	
16	17 Practice 8-9:30am Weightlifting 9:30- 10:15am	18 DH vs. Perryville 6pm At Cape Central	19 Practice 8-9:30am Weightlifting 9:30- 10:15am	20 Practice 8-9:30am Weightlifting 9:30- 10:15am	21	22	
23	24 MSHSAA DEAD WEEK NO CONTACT NO FACILITY USE	25 MSHSAA DEAD WEEK NO CONTACT NO FACILITY USE	26 MSHSAA DEAD WEEK NO CONTACT NO FACILITY USE	27 MSHSAA DEAD WEEK NO CONTACT NO FACILITY USE	28 MSHSAA DEAD WEEK NO CONTACT NO FACILITY USE	29	
30	31 Tryouts Begin 7pm	Notes:					

TRYOUTS WILL TAKE PLACE JULY 31- AUGUST 4 AT 7PM EVERY NIGHT

TEAM PRACTICES WILL TAKE PLACE STARTING AUGUST 7TH