

MAY 2017

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
			LAST DAY			
21	22	23	24	25	26	27
	WEIGHTS 7:30-9:30		WEIGHTS 7:30-9:30			
28	29	30	31	1	2	3
MEMORIAL DAY	WEIGHTS 7:30-9:30		WEIGHTS 7:30-9:30			

Coach Pixley 573-931-1197

NOTES

All PHYSICALS must be completed before July 31st. You WILL NOT be allowed to participate and will you potentially will miss our first 2 contest.

JUNE 2017

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
28	29	30	31	1	2	3
		WEIGHTS 7:30-9:30		WEIGHTS 7:30-9:30		
4	5	6	7	8	9	10
WEIGHTS 7:30-9:30	WEIGHTS 7:30-9:30		WEIGHTS 7:30-9:30			
11	12	13	14	15	16	17
WEIGHTS 7:30-10:00 FB Practice	WEIGHTS 7:30-10:00 FB Practice		WEIGHTS 7:30-10:00 FB Practice			
18	19	20	21	22	23	24
				SEMO CAMP 8:00-11:30	SEMO CAMP 8:00-11:30	
FB CAMP 7:30-11:30	FB CAMP 7:30-11:30	FB CAMP 7:30-11:30				
25	26	27	28	29	30	1
OFF	OFF	OFF	OFF	OFF	OFF	

NOTES

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JULY 2017

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
25	26	27	28	29	30	1
					OFF	
2	3	4	5	6	7	8
OFF	OFF	OFF	OFF	OFF	OFF	
9	10	11	12	13	14	15
FB CAMP 7:30-11:30	FB CAMP 7:30-11:30	FB CAMP 7:30-11:30	FB CAMP 7:30-11:30	FB CAMP 7:30-11:30	FB CAMP 7:30-11:30 Scrimmage	
16	17	18	19	20	21	22
FB CAMP 7:30-11:30	FB CAMP 7:30-11:30	FB CAMP 7:30-11:30	FB CAMP 7:30-11:30	FB CAMP 7:30-11:30	FB CAMP 7:30-11:30 Scrimmage	
23	24	25	26	27	28	29
OFF	OFF	OFF	OFF	OFF	OFF	
30	31	1	2	3	4	5
1ST OFFICIAL DAY						

NOTES

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